



CULINARYART

by Chef TERRY GATEWOOD

JUST
ENOUGH
OCHO RIOS



CHEF BIO

Chef Terry began his culinary career after attending Johnson & Wales University in Charleston, South Carolina. He gained experience in various high-end restaurants and luxury hotels around the South Eastern United States.

After many years in the restaurant industry, Terry worked as a private chef and caterer creating a variety of menus that ranged from kosher to vegetarian or vegan to diabetic to macrobiotic to paleo or gluten free.

In 2011, Terry took his culinary passion to the seas and joined M/Y Flawless III and, in just two years, he logged over 6,000 nautical miles! This experience, along with many others, have given Terry opportunities to hone and perfect his craft. He is a highly organized, creative thinker and has the ease and confidence in the galley to create the ultimate meal.



STARTER

TUNA TRIO

tuna with crispy sticky rice,
tuna with pickled ginger,
cucumber and a tuna
won-ton, soy glaze and
miso vinaigrette

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STARTER

ROMAINE & RADICCHIO SALAD

with red radish, parmesan
and a roasted walnut
sherry black truffle vinaigrette

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STARTER

GREEN SALAD WITH GRAPES

candied walnuts,
blue cheese and
a red wine vinaigrette

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MAIN COURSE

JERKED LOBSTER

and shrimp with cabbage,
black beans and rice with
a lime butter sauce
and cilantro

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MAIN COURSE

ESPRESSO & CORIANDER RUBBED FILET

with roasted garlic cream,
caramelized onions, bacon,
potatoes and
red wine reduction

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MAIN COURSE

PARMESAN CRUSTED HALIBUT

with spinach,
mashed potatoes and
a lemon caper butter

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MAIN COURSE

ROASTED DUCK BREAST

with cauliflower,
leek risotto and
a rosemary demi glaze

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DESSERT

RED VELVET CAKE

with cream cheese icing

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DESSERT

HOMEMADE RASPBERRY SORBET

with shortbread cookies

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DESSERT

GUAVA CHEESE CAKE

with pistachio pralines

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